

ADVISORY LETTER

BY E-MAIL

AL- 3-17

June 5,2017

TO: ALL FIR ACCREDITED MEMBER COMPANIES AND FIR “BENEFITS ONLY”MEMBER COMPANIES

Gentlemen and Mesdames:

FIR Labour Relations Ltd. and the USW have been instrumental on a provincial Industry-wide committee initiative to design and deliver another educational program on the topic of “Wellness”. We see this topic as very important from both an employee relations and health care cost management perspective.

We strongly encourage ATTENDANCE at this Conference on October 19, 2017. Conference details are on the website below.

This one-day educational conference is designed to provide organizations with knowledge on how to address key health issues in the workforce, how wellness can benefit both employers and employees, and provide an illustrative case study presentation. Attendees are anticipated to be HR staff, Operations Management, and USW hourly employees interested in enhancing their understanding of Wellness.

We have a fantastic line-up of speakers this year discussing topics that can help improve the health of your workforce. This year’s conference features:

Dr. Joan L. Bottorff & Dr. John L. Oliffe POWERPLAY: A Program For Promoting Men's Health At Work

Paul Krismer LEADERS AS ROLE MODELS: How Effective Leadership Can Create Wellness

Desiree Nielsen UN-JUNK YOUR DIET: How What You Put On Your Plate Determines Your Metabolic Fate

Pamela Philippot WELLNESS: The Link Between Disability and Wellness

Dr. Eve Van Cauter GOOD SLEEP: A Pillar of Health

Please register your delegates at your earliest convenience and take advantage of the Early Bird pricing!

The USW–Coastal Forest Industry Health & Welfare Plan Trustees consider participation in this event of vital importance and as such, *the Plan will reimburse Participating Employers the cost of: travel, accommodation and work time loss for employees (union or management) to a maximum of \$500 per attendee.*

In addition, the USW has committed to cover registration costs for hourly (USW member) participants from the Education Fund of the Local Union.

See below for more details and please call or email us if you have questions.

Workplaces are unique, but good health is universal.

Starting a wellness program to support the health of all employees can seem daunting. By starting small and targeting

key issues, making a difference is easier than you think.

Join us on **October 19, 2017** at the Vancouver Hilton Metrotown for the 3rd **Annual Forest Industry Health and Wellness Conference**, hosted by the **Joint Committee of Forest Industry Employers and Employees**.

“Union and management working together to encourage healthy living and enhance employees' lives while lowering health care costs.” **For more information or to register please visit our website www.fihwc.ca**