

ADVISORY LETTER

BY E-MAIL

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July 4,2016

TO: ALL FIR ACCREDITED MEMBER COMPANIES AND FIR “BENEFITS ONLY”MEMBER COMPANIES

Gentlemen and Mesdames:

FIR Labour Relations Ltd. and the USW have been instrumental on a provincial Industry-wide committee initiative to design and deliver another educational program on the topic of “Wellness”. We see this topic as very important from both an employee relations and health care cost management perspective.

We strongly encourage ATTENDANCE at this Conference on October 4, 2016. (see brochure attached below).

This one-day educational conference is designed to provide organizations with knowledge on how to address key health issues in the workforce, how wellness can benefit both employers and employees, and provide an illustrative case study presentation. Attendees are anticipated to be HR staff, Operations Management, and USW hourly employees interested in enhancing their understanding of Wellness.

We have a fantastic line-up of speakers this year discussing topics that can help improve the health of your workforce. This year’s conference features:

Dr. Art Hister, Simple steps for a longer, healthier, happier, life

Dr. Ray Baker, Addictions at work: integrating best practices into workplace wellness

Dr. Joti Samra, The psychologically healthy and safe workplace: The CSA/BNQ National standard

Jason McInnis, Case study: Workplace wellness for the Canadian Boilermakers

Jennifer Ettinger, Healthy lifestyle, healthy you

Please register your delegates as your earliest convenience and take advantage of the Early Bird pricing!

The USW–Coastal Forest Industry Health & Welfare Plan Trustees consider participation in this event of vital importance and as such, the Plan will reimburse Participating Employers the cost of: travel, accommodation and work time loss for employees (union or management) to a maximum of \$500 per attendee.

In addition, the USW has committed to cover registration costs for hourly (USW member) participants from the Education Fund of the Local Union.

See below for more details and please call or email us if you have questions.

Workplaces are unique, but good health is universal.

Starting a wellness program to support the health of all employees can seem daunting. By starting small and targeting key issues, making a difference is easier than you think.

Join us on **October 4, 2016** at the Vancouver Hilton Metrotown for the **2nd Annual Forest Industry Health and Wellness Conference**, hosted by the **Joint Committee of Forest Industry Employers and Employees**.

Union and management working together to encourage healthy living and enhance employees' lives while lowering health care costs. **For more information or to register please visit our website www.fihwc.ca**

